**Year 3 Autum 1 Relationships**

**How can we be a good friend?**

A blue and white logo

Description automatically generated with low confidence

**Previous Learning:**

**From Year 2 Relationships : What makes a good friend?**

* how to make friends with others
* how to recognise when they feel lonely and what they could do about it
* how people behave when they are being friendly and what makes a good friend
* how to resolve arguments that can occur in friendships
* how to ask for help if a friendship is making them unhappy

**Key Knowledge for unit**

**Children will learn:**

* how friendships support wellbeing and the importance of seeking support if feeling lonely or excluded
* how to recognise if others are feeling lonely and excluded and strategies to include them
* how to build good friendships, including identifying qualities that contribute to positive friendships
* that friendships sometimes have difficulties, and how to manage when there is a problem or an argument between friends, resolve disputes and reconcile differences
* how to recognise if a friendship is making them unhappy, feel uncomfortable or unsafe and how to ask for support

**Vocabulary**

* Friendship
* making positive friendships
* managing loneliness
* dealing with arguments