**Year 4 Summer 2 Health and Wellbeing**

**How can we mange risk in different places?**



**Previous Learning:**

**Year 3 Health and wellbeing**

**What keeps us safe?**

* how to recognise hazards that may cause harm or injury and what they should do to reduce risk and keep themselves (or others) safe
* how to help keep their body protected and safe, e.g. wearing a seatbelt, protective clothing and stabilizers
* that their body belongs to them and should not be hurt or touched without their permission; what to do and who to tell if they feel uncomfortable
* how to recognise and respond to pressure to do something that
* makes them feel unsafe or uncomfortable (including online)
* how everyday health and hygiene rules and routines help people stay safe and healthy (including how to manage the use of medicines, such as for allergies and asthma, and other household products, responsibly)
* how to react and respond if there is an accident and how to
* deal with minor injuries e.g. scratches, grazes, burns
* what to do in an emergency, including calling for help and speaking to the emergency services

**Key Knowledge for unit**

**Children will learn:**

* how to recognise, predict, assess and manage risk in different situations
* how to keep safe in the local environment and less familiar locations (e.g. near rail, water, road; fire/firework safety; sun safety and the safe use of digital devices when out and about)
* how people can be influenced by their peers’ behaviour and by a desire for peer approval; how to manage this influence
* how people’s online actions can impact on other people
* how to keep safe online, including managing requests for personal information and recognising what is appropriate to share or not share online
* how to report concerns, including about inappropriate online
* content and contact
* that rules, restrictions and laws exist to help people keep safe and how to respond if they become aware of a situation that is anti-social or against the law

**Vocabulary**

* Keeping safe;
* out and about;
* recognising and managing risk