**Year 5 Autumn 1 Health and Wellbeing**

**What makes up a person’s identity**



**Previous Learning:**

**From Year 4 Relationships**

**How do we treat each other with respect?**

* how people’s behaviour affects themselves and others, including online
* about the relationship between rights and responsibilities
* about the right to privacy and how to recognise when a confidence or secret should be kept (such as a nice birthday surprise everyone will find out about) or not agreed to and when to tell
* the rights that children have and why it is important to protect these
* that everyone should feel included, respected and not discriminated against; how to respond if they witness or experience exclusion, disrespect or discrimination.

**Vocabulary**

* Identity
* personal attributes and qualities
* similarities and differences
* individuality
* stereotypes

**Key Knowledge for unit**

**Children will learn:**

* how to recognise and respect similarities and differences

between people and what they have in common with others

* that there are a range of factors that contribute to a person’s identity (e.g. ethnicity, family, faith, culture, gender, hobbies, likes/dislikes)
* how individuality and personal qualities make up someone’s identity (including that gender identity is part of personal identity and for some people does not correspond with their biological sex)
* about stereotypes and how they are not always accurate, and can negatively influence behaviours and attitudes towards others
* how to challenge stereotypes and assumptions about others